

Mercy St. Charles Hospital
C.M.E. ACTIVITY EVALUATION

Mercy St. Charles Hospital is accredited by the Ohio State Medical Association to provide continuing medical education for physicians. Mercy St. Charles Hospital designates this CME activity for six (6) credit hours in Category 1 of the Physician's Recognition Award of the American Medical Association. Each participant should claim only those credits that he/she actually spent in the activity.

TOPIC: **Sleep Surface Interface; Bed of Rocks or Sleep Number Bes: How Sleep Surface Affects Sleep Quality in Health & Disease**

DATE: **Friday, May 7, 2010**
 8:00 – 4:00 p.m. / Hilton Garden Inn @ Levis Commons

FACULTY: ***Wendell MARTENS, Sleep & Wellness Centers***

OBJECTIVES:

At the completion of this CME activity, participants should be able to:

- Recognize how the wrong sleep surface can adversely affect sleep patterns causing sleep deprivation
- Recognize the benefits of using the right sleep surface to reduce symptoms in patients with sleep disorders and CPAP compliance
- Discuss the benefit of using the right sleep surface in sleep quality in patients with medical disorders including chronic back pain, fibromyalgia, arthritis and Alzheimer's

REVIEW OF CRITERIA:

WERE THE OBJECTIVES CLEARLY STATED? 227 yes no
 DID THE CME ACTIVITY MEET THE OBJECTIVES 227 yes no
 WAS THE CME ACTIVITY FREE OF COMMERCIAL BIAS? 227 yes no

	Poor	Fair	Good	Excellent
OVERALL ORGANIZATION & PRESENTATION	<u> </u>	<u> 9 </u>	<u> 123 </u>	<u> 95 </u>
EDUCATION CONTENT	<u> </u>	<u> 9 </u>	<u> 109 </u>	<u> 109 </u>
Photo/AV/ Room Conditions	<u> </u>	<u> 6 </u>	<u> 113 </u>	<u> 108 </u>
USE OF TEACHING AIDS (conference notebooks, printed materials, etc.)	<u> </u>	<u> 8 </u>	<u> 118 </u>	<u> 101 </u>
VALUE TO YOUR EDUCATION OR PRACTICE	<u> </u>	<u> 9 </u>	<u> 133 </u>	<u> 85 </u>

RATE ON A SCALE FROM 1 - 10 (10 being the highest) 9.0

Recommendations for future CME activities: _____

PARTICIPANTS NAME: _____

Comments on this CME activity: Excellent/Good information – bring him back / Handouts would be helpful for continued reference/Nice to have a copy of the presentation

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TOPIC: Effect of Medications on Sleep Architecture

DATE: Friday, May 7, 2010
8:00 – 4:00 p.m. / Hilton Garden Inn @ Levis Commons

FACULTY: *James MacFarlane, MD, Associate Professor, Pediatrics & Psychiatry, University of Toronto*

OBJECTIVES:

At the completion of this CME activity, participants should be able to:

- Review basic pharmacology of sedative hypnotics
- Review influence of sleep medications on sleep architecture
- Review other medications that have significant influence on sleep

REVIEW OF CRITERIA:

WERE THE OBJECTIVES CLEARLY STATED? _227_ yes _____no
DID THE CME ACTIVITY MEET THE OBJECTIVES _227_ yes _____no
WAS THE CME ACTIVITY FREE OF COMMERCIAL BIAS? _227_ yes _____no

	Poor	Fair	Good	Excellent
OVERALL ORGANIZATION & PRESENTATION	_____	<u>18</u>	<u>138</u>	<u>71</u>
EDUCATION CONTENT	_____	<u>16</u>	<u>124</u>	<u>87</u>
Photo/AV/ Room Conditions	_____	<u>12</u>	<u>143</u>	<u>72</u>
USE OF TEACHING AIDS (conference notebooks, printed materials, etc.)	_____	<u>12</u>	<u>132</u>	<u>83</u>
VALUE TO YOUR EDUCATION OR PRACTICE	_____	<u>13</u>	<u>118</u>	<u>95</u>

RATE ON A SCALE FROM 1 - 10 (10 being the highest) 9.1

Recommendations for future CME activities: _____

PARTICIPANTS NAME: _____

Comments on this CME activity: Copy of presentation would have been helpful / Very helpful topic/Speaker was very informed and amazing at explaining his concepts/Most interesting speech of conference - loved the case study, caused people to apply what was learned

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TOPIC: Management of Patients with Sleep Disorders in Canadian Health System

DATE: Friday, May 7, 2010
8:00 – 4:00 p.m. / Hilton Garden Inn @ Levis Commons

FACULTY: *James MacFarlane, MD, Associate Professor, Pediatrics & Psychiatry, University of Toronto & Navin K. Jain, MD, Pulmonary & Sleep Specialist*

OBJECTIVES:

At the completion of this CME activity, participants should be able to:

- Identify the differences in management of OSA in Canadian & American Health Systems
- State the differences in the management of insomnia in Canadian & American Health Systems

REVIEW OF CRITERIA:

WERE THE OBJECTIVES CLEARLY STATED? _226_ yes _____no
DID THE CME ACTIVITY MEET THE OBJECTIVES _226_ yes _____no
WAS THE CME ACTIVITY FREE OF COMMERCIAL BIAS? _226_ yes _____no

	Poor	Fair	Good	Excellent
OVERALL ORGANIZATION & PRESENTATION	_____	11	77	138
EDUCATION CONTENT	_____	13	68	145
Photo/AV/ Room Conditions	_____	22	46	158
USE OF TEACHING AIDS (conference notebooks, printed materials, etc.)	_____	7	90	129
VALUE TO YOUR EDUCATION OR PRACTICE	_____	9	92	125

RATE ON A SCALE FROM 1 - 10 (10 being the highest) _____8.6_____

Recommendations for future CME activities: _____

PARTICIPANTS NAME: _____

Comments on this CME activity: ___ Very informative / Hard to understand/hear Dr. Jain - so sorry / Good and helpful information

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TOPIC: Deciphering Information for PAP Download

DATE: Friday, May 7, 2010
 8:00 – 4:00 p.m. / Hilton Garden Inn @ Levis Commons

FACULTY: *Doris Allen, Regional Clinical Specialist ResMed Corp., Bradley K. Gore, BS, RRT, Senior Sleep Consultant, Margaret M. Powers, RRT, Clinical Product Specialist*

OBJECTIVES:

At the completion of this CME activity, participants should be able to:

- Review the difference between compliance and efficacy data & recognize the clinical effects of download data
- Recognize clinical effects of download data from PAP machine and discuss appropriate actions to improve compliance and efficacy of patients with OSA
- List how Performance Maximizer collects respiratory data and discuss the operation of the SmartStick & understand the apnea cap

REVIEW OF CRITERIA:

WERE THE OBJECTIVES CLEARLY STATED? _223_ yes _____no
 DID THE CME ACTIVITY MEET THE OBJECTIVES _223_ yes _____no
 WAS THE CME ACTIVITY FREE OF COMMERCIAL BIAS? _223___ yes _____no

	Poor	Fair	Good	Excellent
OVERALL ORGANIZATION & PRESENTATION	_____	2	108	113
EDUCATION CONTENT	_____	1	111	111
Photo/AV/ Room Conditions	_____	1	115	107
USE OF TEACHING AIDS (conference notebooks, printed materials, etc.)	_____	1	98	124
VALUE TO YOUR EDUCATION OR PRACTICE	_____	1	88	134

RATE ON A SCALE FROM 1 - 10 (10 being the highest) 8.9

Recommendations for future CME activities: _____

PARTICIPANTS NAME: _____

Comments on this CME activity: Excellent format / need to pass microphone with audience questions / very informative

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TOPIC: Perpetuating Your Success as a Sleep Professional

DATE: Friday, May 7, 2010
8:00 – 4:00 p.m. / Hilton Garden Inn @ Levis Commons

FACULTY: *Duane Johnson, PhD, Sleep Center Management Institute,
Atlanta, Georgia*

OBJECTIVES:

At the completion of this CME activity, participants should be able to:

- Discuss combining personal and professional life in the field of sleep medicine to achieve balanced life, commitment to patient care excellence & commitment to sleep lab excellence

REVIEW OF CRITERIA:

WERE THE OBJECTIVES CLEARLY STATED? 225 yes no
DID THE CME ACTIVITY MEET THE OBJECTIVES 225 yes no
WAS THE CME ACTIVITY FREE OF COMMERCIAL BIAS? 225 yes no

	Poor	Fair	Good	Excellent
OVERALL ORGANIZATION & PRESENTATION	2	33	87	103
EDUCATION CONTENT	3	40	75	107
Photo/AV/ Room Conditions	2	38	68	117
USE OF TEACHING AIDS (conference notebooks, printed materials, etc.)	2	37	65	121
VALUE TO YOUR EDUCATION OR PRACTICE	1	21	44	159

RATE ON A SCALE FROM 1 - 10 (10 being the highest) 8.1

Recommendations for future CME activities: _____

PARTICIPANTS NAME: _____

Comments on this CME activity: Very motivational / great speaker / Don't have him back – couldn't stay interested

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TOPIC: **Tips for Better Mask Fit: Clinician's Perspective**

DATE: **Friday, May 7, 2010**
8:00 – 4:00 p.m. / Hilton Garden Inn @ Levis Commons

FACULTY: ***Navin K. Jain, MD, Pulmonary & Sleep Specialist***

OBJECTIVES:

At the completion of this CME activity, participants should be able to:

- State how a mask fitting is handled in the physician office
- Discuss what are implications for HME and mask manufacturers and medical insurance of improper mask fittings

REVIEW OF CRITERIA:

WERE THE OBJECTIVES CLEARLY STATED? __223__ yes ____no
DID THE CME ACTIVITY MEET THE OBJECTIVES __223__ yes ____no
WAS THE CME ACTIVITY FREE OF COMMERCIAL BIAS? __223__ yes ____no

	Poor	Fair	Good	Excellent
OVERALL ORGANIZATION & PRESENTATION		1	99	123
EDUCATION CONTENT		2	101	122
Photo/AV/ Room Conditions		1	113	109
USE OF TEACHING AIDS (conference notebooks, printed materials, etc.)		1	117	105
VALUE TO YOUR EDUCATION OR PRACTICE		1	55	167

RATE ON A SCALE FROM 1 - 10 (10 being the highest) __8.8__

Recommendations for future CME activities: _____

PARTICIPANTS NAME: _____

Comments on this CME activity: __Loved the videos! It was interesting to see different ways to do CPAP training. Very helpful!
/ A lot of preparation went into this presentation – thank you. Much appreciated / Most helpful / Very good